3rd International Postgraduate Course on Arthroscopy and Sport Surgery – 17th Congress of the Hungarian Society of Arthroscopy and Sportsurgery

FRIDAY - 20 November, 2026

TIME		Kékes Room "A"			Galya Room on the 1st Floor	Hidas Room on the 2nd Floor
		SECTION / PROGRAMME	SPEAKER	PRESENTATION TITLE		
8:00		**REGISTRATION**				
8:30	9:00	**MORNING COFFEE BREAK SPONSORED BY SEADEC MEDICAL**				
9:00	9:35	**OPENING CEREMONY**				
9:35	10:30	**UNICOMPARTMENTAL KNEE ARTHROPLASTY** Chairs: Iván Udvarhelyi, Gábor Horváth				
9:35	10:00	UNICOMPARTMENTAL KNEE ARTHROPLASTY	Iván Udvarhelyi, MD	Unicompartmental knee arthroplasty biomechanics		
10:00	10:20	UNICOMPARTMENTAL KNEE ARTHROPLASTY	Gábor Horváth, MD, PhD	Mobile bearing UKA: Indications, surgical technique, outcomes		
10:20	10:30	UNICOMPARTMENTAL KNEE ARTHROPLASTY		Discussion		
10:30	11:55	**ROBOTICS & PERSONALIZED KNEE ARTHROPLASTY** Chairs: Krisztián Sisák, István Szabó				
10:30	10:45	ROBOTICS & PERSONALIZED KNEE ARTHROPLASTY	Szabolcs Gáspár, MD	Robotics in knee arthroplasty – indications and outcomes **LECTURE IN HUNGARIAN**		
10:45	11:00	ROBOTICS & PERSONALIZED KNEE ARTHROPLASTY	Tivadar Háncs, MD	Personalized alignment in total knee arthroplasty **LECTURE IN HUNGARIAN**		
11:00	11:15	ROBOTICS & PERSONALIZED KNEE ARTHROPLASTY	István Domán, MD, PhD	Soft-Tissue Balance: The Key to Personalized Robotic TKA	**Introduction of Zimmer Biomet unicondylar knee arthroplasty solutions (Oxford Partial Knee and Persona Partial Knee) COMESA MINI-COURSE 11:00 - 12:00**	
11:15	11:30	ROBOTICS & PERSONALIZED KNEE ARTHROPLASTY	Krisztián Sisák, MD, PhD	Robot-assisted knee arthroplasty: adding real value or just the illusion of the "perfect operation"?		
11:30	11:45	ROBOTICS & PERSONALIZED KNEE ARTHROPLASTY	István Szabó, Prof, MD	Standardization in TKR: Origin® individualized implant with personalized alignment strategy **LECTURE IN HUNGARIAN**		
11:45	11:55	ROBOTICS & PERSONALIZED KNEE ARTHROPLASTY		Discussion		
11:55	13:20	**SNACK LUNCH IN MÁTRA RESTAURANT**				**Graft Selection and Fixation Strategies in ACL Reconstruction and Lateral Extraarticular Tenodesis (LET) CONMED Lunch Workshop – Presenter: Dr. László Bánki 12:50-13:20**

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TIME		**SECTION / PROGRAMME**	**SPEAKER**	**PRESENTATION TITLE**		
13:20	**14:30**	**OSTEOTOMY AROUND THE KNEE** Chairs: Sam Yasen, Gábor Vásárhelyi				
13:20	13:50	OSTEOTOMY AROUND THE KNEE	Sam Yasen, MD	Keynote lecture: Contemporary strategies in osteotomy around the knee **SPONSORED BY *COMESA***		
13:50	14:05	OSTEOTOMY AROUND THE KNEE	Gábor Vásárhelyi, MD	Patellofemoral considerations in osteotomy around the knee **LECTURE IN HUNGARIAN**		
14:05	14:20	OSTEOTOMY AROUND THE KNEE	Ákos Lukács, MD	Posterior Tibial Slope Correction in ACL Revision Surgery ***SPONSORED BY CONMED/MEDKATECH*** **LECTURE IN HUNGARIAN**		
14:20	14:30	OSTEOTOMY AROUND THE KNEE		Discussion		
14:30	**16:10**	**COMPLEX ACL SURGERY** Chairs: András Tállay, Gergely Pánics				
14:30	14:45	COMPLEX ACL SURGERY	György Gulácsi, MD, EdiMSK	MRI-based assessment and planning in complex ACL surgery		
14:45	15:30	COMPLEX ACL SURGERY	Zsolt Knoll, MD, PhD / András Tállay, MD / Gábor Vásárhelyi, MD	BATTLE: Graft choice in ACL reconstruction **LECTURE IN HUNGARIAN**		
15:30	15:40	ACL CONTROVERSIES & DECISION-MAKING	Károly Pap, MD	Potential Applications of Allografts in Hungary		
15:40	15:55	COMPLEX ACL SURGERY	Gergely Pánics, MD, PhD	Experiences with LEAT in ACL reconstructions		
15:55	16:10	COMPLEX ACL SURGERY		Discussion		
16:10	**16:30**	**COFFEE BREAK SPONSORED BY *SEADEC MEDICAL***				
16:30	**18:00**	**AI, INNOVATION & DATA-DRIVEN SPORTS ORTHOPAEDICS** Chairs: Kristian Samuelsson, Bálint Zsidai				
16:30	16:55	AI, INNOVATION & DATA-DRIVEN SPORTS ORTHOPAEDICS	Kristian Samuelsson, MD, PhD	Ai in healthcare	**From Data to Decisions in Health & Performance** ***TSO MEDICAL MINI-COURSE*** **In collaboration with VALD - Presenter: Pau Martinez** **16:30-17:30**	
16:55	17:20	AI, INNOVATION & DATA-DRIVEN SPORTS ORTHOPAEDICS	Bálint Zsidai, MD, PhD	AI as a clinical and research co-pilot in orthopaedics		
17:20	17:35	AI, INNOVATION & DATA-DRIVEN SPORTS ORTHOPAEDICS	Bálint Zsidai, MD, PhD	Clustering analysis of hamstring injuries – A pilot study to determine phenogroups based on injury characteristics and recovery duration		

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17:35	17:50	AI, INNOVATION & DATA-DRIVEN SPORTS ORTHOPAEDICS	András Tállay, MD	Quality assurance in arthroscopy – the role of AI		
17:50	18:00	AI, INNOVATION & DATA-DRIVEN SPORTS ORTHOPAEDICS		Discussion		
18:00	**19:30**	**MAST LEGENDS - Joint plenary session** Moderators: Speakers: **György Béres, MD, István Berkes, Prof, MD, PhD, László Hangody, Prof, MD** **LECTURE IN HUNGARIAN**				
20:00	**22:00**	**GALA DINNER AT MÁTRA RESTAURANT SPONSORED BY *ENDO PLUS SERVICE***				
22:00	**1:00**	**RETRO DISCO - DJ KOVPET IN MUSIC LOUNGE**				

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TIME		Kékes Room "B"			Galya Room on the 1st Floor	Hidas Room on the 2nd Floor
		SECTION / PROGRAMME	SPEAKER	PRESENTATION TITLE		
8:00		**REGISTRATION**				
8:30	9:00	**MORNING COFFEE BREAK SPONSORED BY *SEADEC MEDICAL***				
9:00	9:35	**OPENING CEREMONY in Kékes Room "A"**				
10:05	11:35	**POSTOPERATIVE & SPORTS-SURGERY REHABILITATION** Chairs: Réka Guti, Zsuzsanna Hantó				
10:05	10:25	POSTOPERATIVE & SPORTS-SURGERY REHABILITATION	Zsófia Szaksz Ferencné Duska	Rehabilitation after total joint arthroplasty: milestones and return to activity **LECTURE IN HUNGARIAN**		
10:25	10:45	POSTOPERATIVE & SPORTS-SURGERY REHABILITATION	Réka Guti	Return after multiple ACL reconstructions: the road towards a fourth Olympic Games **LECTURE IN HUNGARIAN**		
10:45	11:05	POSTOPERATIVE & SPORTS-SURGERY REHABILITATION	Zsuzsanna Hantó	Neurodynamic treatment in muscle-injury and overuse-condition prevention	**Introduction of Zimmer Biomet unicondylar knee arthroplasty solutions (Oxford Partial Knee and Persona Partial Knee) COMESA MINI-COURSE 11:00 - 12:00**	
11:05	11:25	POSTOPERATIVE & SPORTS-SURGERY REHABILITATION	Eszter Lukácsy-Fábián, MSc, OMT	Symptom- and Function-Specific Assessment and Treatment of the Ankle Joint in Musculoskeletal Physiotherapy Using Manual Therapy Techniques		
11:25	11:35	POSTOPERATIVE & SPORTS-SURGERY REHABILITATION		Discussion		
11:35	12:30	**ACL & PCL REHABILITATION, STRENGTH & PERFORMANCE** Chairs: Katalin Pánics, Sára Vidovszky				
11:35	11:50	ACL & PCL REHABILITATION, STRENGTH & PERFORMANCE	Katalin Pánics	Arthrogenic muscle inhibition: assessment and implications for rehabilitation **LECTURE IN HUNGARIAN**		
11:50	12:05	ACL & PCL REHABILITATION, STRENGTH & PERFORMANCE	Ádám Gyalog, BSc, MSc	Criteria-based return to play: translating functional tests into clinical decisions **LECTURE IN HUNGARIAN**		
12:05	12:20	ACL & PCL REHABILITATION, STRENGTH & PERFORMANCE	Sára Vidovszky, MSc	Pediatric-specific knee rehabilitation from prehabilitation to return to sport **LECTURE IN HUNGARIAN**		
12:20	12:30	ACL & PCL REHABILITATION, STRENGTH & PERFORMANCE		Discussion		
12:30	13:30	**SNACK LUNCH IN MÁTRA RESTAURANT**				**Graft Selection and Fixation Strategies in ACL Reconstruction and Lateral Extraarticular Tenodesis (LET) CONMED Lunch Workshop – Presenter: Dr. László Bánki 12:50-13:20**

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TIME		Kékes Room "B"			Galya Room on the 1st Floor	Hidas Room on the 2nd Floor
13:30	**14:15**	**MUSCLE INJURIES REHAB, PREHABILITATION & SPORTS-SPECIFIC REHABILITATION** Chairs: Pete Friar, Bence Kovács				
13:30	13:45	MUSCLE INJURIES REHAB	Csaba Szabó	Different rehabilitation approaches for different types of hamstring injuries		
13:45	14:05	MUSCLE INJURIES REHAB	Pete Friar, MSc, MCSP, CSCS, BSc (Hons) HPC reg	Prehabilitation - microdosing		
14:05	14:20	PREHABILITATION & SPORTS-SPECIFIC REHABILITATION	Ádám Gyalog, BSc, MSc	Beyond jump height: force-time profiling and comprehensive CMJ assessment **LECTURE IN HUNGARIAN**		
14:20	14:35	PREHABILITATION & SPORTS-SPECIFIC REHABILITATION	Kovács Roland, MSc	Return to play : From running to team training **LECTURE IN HUNGARIAN**		
14:35	14:50	PREHABILITATION & SPORTS-SPECIFIC REHABILITATION	Kovács Bence	Data based return to play		
14:50	15:10	PREHABILITATION & SPORTS-SPECIFIC REHABILITATION		Discussion		
15:10	**15:40**	**COFFEE BREAK SPONSORED BY *SEADEC MEDICAL***				
15:40	**16:25**	**ELITE CLUB MEDICINE & TENDINOPATHY REHABILITATION** Chairs: María José Villalón, Gergely Pánics				
15:40	16:05	ELITE CLUB MEDICINE & TENDINOPATHY REHABILITATION	María José Villalón, MD, PhD	Medical-team structure and day-to-day clinical decision-making in elite football		
16:05	16:15	ELITE CLUB MEDICINE & TENDINOPATHY REHABILITATION	Róbert De Jonge, MD	Percutaneous Needle Electrolysis in Tendinopathy Rehabilitation		
16:15	16:25	ELITE CLUB MEDICINE & TENDINOPATHY REHABILITATION		Discussion	**From Data to Decisions in Health & Performance** ***TSO MEDICAL MINI-COURSE*** **In collaboration with VALD -** **Presenter: Pau Martinez** **16:30-17:30**	
16:25	17:25	**Meniscus Root Repair Techniques Workshop** ***SCANMEDIC-SMITH & NEPHEW WORKSHOP*** **Presenter: Jacek Walawski** **16:25-17:25**				
17:25	18:00	**BREAK - TRANSITION TO THE JOINT PLENARY SESSION**				
18:00	**19:30**	**MAST LEGENDS - Joint plenary session** Moderators: Speakers: **György Béres, MD, István Berkes, Prof, MD, PhD, László Hangody, Prof, MD** **LECTURE IN HUNGARIAN**				
20:00	**22:00**	**GALA DINNER AT MÁTRA RESTAURANT SPONSORED BY *ENDO PLUS SERVICE***				
22:00	**1:00**	**RETRO DISCO - DJ KOVPET IN MUSIC LOUNGE**				

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TIME		Kékes Room "A"			Galya Room on the 1st Floor	Hidas Room on the 2nd Floor
		SECTION / PROGRAMME	SPEAKER	PRESENTATION TITLE		
9:00	**10:45**	**PCL, MEDIAL SIDE & COMPLEX KNEE MASTERCLASS** Chairs: Étienne Cavaignac, Csaba Biró				
9:00	9:25	PCL, MEDIAL SIDE & COMPLEX KNEE MASTERCLASS	Karl Eriksson, Prof., MD, PhD	PCL, anatomy , biomechanics, assessment and treatment options		
9:25	9:50	PCL, MEDIAL SIDE & COMPLEX KNEE MASTERCLASS	Sam Yasen, FRCS	PCL reconstruction – indications, technique and complex cases ***SPONSORED BY COMESA***		
9:50	10:05	PCL, MEDIAL SIDE & COMPLEX KNEE MASTERCLASS	Csaba Biró, MD	MCL injuries – conservative versus operative decision-making **LECTURE IN HUNGARIAN**		
10:05	10:35	PCL, MEDIAL SIDE & COMPLEX KNEE MASTERCLASS	Etienne Cavaignac, Prof., MD, PhD, HDR	Multiligament ***SPONSORED BY ORTHOVISION***		
10:35	10:45	PCL, MEDIAL SIDE & COMPLEX KNEE MASTERCLASS		Discussion		
10:45	**11:05**	**COFFEE BREAK SPONSORED BY *SEADEC MEDICAL***				
11:05	**12:25**	**PATELLOFEMORAL MASTERCLASS** Chairs: Jacek Walawski, Gábor Vásárhelyi				
11:05	11:20	PATELLOFEMORAL MASTERCLASS	György Gulácsi, MD, EDiMSK	Patellofemoral imaging and surgical decision-making	**Introduction of Zimmer Biomet Sports Medicine product portfolio and the Newclip Activmotion S osteotomy plating system COMESA MINI-COURSE 11:05-12:05**	
11:20	11:45	PATELLOFEMORAL MASTERCLASS	Jacek Walawski, MD, PhD	Adolescent patellofemoral instability		
11:45	12:10	PATELLOFEMORAL MASTERCLASS	Jacek Walawski, MD, PhD	Cartilage repair in PF joint		
12:10	12:15	PATELLOFEMORAL MASTERCLASS	Gábor Vásárhelyi, MD	Management guidelines for patellar instability in adults **LECTURE IN HUNGARIAN**		
12:15	12:25	PATELLOFEMORAL MASTERCLASS		Discussion		
12:25	**13:25**	**SNACK LUNCH IN MÁTRA RESTAURANT**				

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TIME		**SECTION / PROGRAMME**	**SPEAKER**	**PRESENTATION TITLE**		
13:25	**14:50**	**FOOT, ANKLE & ACHILLES IN SPORT** Chairs: Pieter D'Hooghe, Mátyás Czipri				
13:25	13:40	FOOT, ANKLE & ACHILLES IN SPORT	György Gulácsi, MD, EDiMSK	Ankle and Achilles MRI – imaging for clinical decision-making		
13:40	14:10	FOOT, ANKLE & ACHILLES IN SPORT	Pieter D'Hooghe, Baron Prof., MD, PhD, MBA, MSc	Foot and ankle injuries in elite sport		
14:10	14:25	FOOT, ANKLE & ACHILLES IN SPORT	Ákos Kynsburg, MD, PhD	Retrograde treatment of talar OCD		
14:25	14:40	FOOT, ANKLE & ACHILLES IN SPORT	Mátyás Czipri, MD, PhD	Surgical management of insertional Achilles tendinopathy		
14:40	14:50	FOOT, ANKLE & ACHILLES IN SPORT		Discussion		
14:50	**16:20**	**MUSCLE, HIP & GROIN INJURIES** Chairs: Ernest Schilders, Tamás Bárdos				
14:50	15:15	MUSCLE, HIP & GROIN INJURIES	Rowena Johnson, Prof., MD, MBChB, FRCR	Interventional radiology in elite athletes – from diagnostic injections to treatment		
15:15	15:40	MUSCLE, HIP & GROIN INJURIES	Ernest Schilders, MD, FRCS, FFSEM, FRCR	The athletic groin – from diagnosis to surgical decision-making		
15:40	15:55	MUSCLE, HIP & GROIN INJURIES	Tamás Bárdos, MD, PhD, FRCS	Hip - labrum injuries, a practical guide.		
15:55	16:10	MUSCLE, HIP & GROIN INJURIES	Kristóf Dede, MD, PhD	Sports hernia – diagnosis and treatment		
16:10	16:20	MUSCLE, HIP & GROIN INJURIES		Discussion		
16:20	**16:40**	**COFFEE BREAK SPONSORED BY *SEADEC MEDICAL***				
16:40	**17:50**	**ACL CONTROVERSIES & DECISION-MAKING** Chairs: Zsolt Jórász, Marcell Varga				
16:40	17:10	ACL CONTROVERSIES & DECISION-MAKING	Zsolt Jórász, MD vs Marcell Varga, MD, PhD	BATTLE: ACL repair vs reconstruction in adolescent athletes **LECTURE IN HUNGARIAN**		
17:10	17:25	COMPLEX ACL SURGERY	Ákos Lukács, MD	Beyond ACL Reconstruction: Addressing Meniscal Secondary Stabilizers ***SPONSORED BY CONMED/MEDKATECH*** **LECTURE IN HUNGARIAN**		

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TIME		**SECTION / PROGRAMME**	**SPEAKER**	**PRESENTATION TITLE**		
17:20	17:30	ACL CONTROVERSIES & DECISION-MAKING	Marcell Varga, MD, PhD	Preoperative Adductor Canal Block Combined With Local Infiltration and Tourniquet-Free Surgery Is Associated With a Low Incidence of Arthrogenic Muscle Inhibition After ACL Surgery in Adolescents		
17:30	17:40	ACL CONTROVERSIES & DECISION-MAKING	Miklós Tátrai, MD	Genetic Predisposition to ACL Injury **LECTURE IN HUNGARIAN**		
17:40	17:50	ACL CONTROVERSIES & DECISION-MAKING		Discussion		
18:00		**Closing Ceremony**				

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TIME		Kékes Room "B"			Galya Room on the 1st Floor	Hidas Room on the 2nd Floor
9:00	**10:55**	**ELITE CLUB MEDICINE – PANEL** Chairs: Stefano Della Villa, Bruno Vanhecke				
9:00	9:30	RETURN TO SPORT AFTER KNEE SURGERY	Stefano Della Villa, MD	Return to performance after knee surgery		
9:30	9:55	ELITE CLUB MEDICINE – PANEL	Fernando Marques, BSc	Imaging in the elite football environment		
9:55	10:20	ELITE CLUB MEDICINE – PANEL	Bruno Vanhecke, MD, FEBPRM	Criteria and communication for return to play in elite club football		
10:20	10:45	ELITE CLUB MEDICINE – PANEL	Jack Gentle, MD	Data Analytics in Elite Football: Insights from Injury Audit across Premier League and Champions League Football.		
10:45	10:55	ELITE CLUB MEDICINE – PANEL		Discussion		
10:55	**11:25**	**COFFEE BREAK SPONSORED BY *SEADEC MEDICAL***			**Introduction of Zimmer Biomet Sports Medicine product portfolio and the Newclip Activmotion S osteotomy plating system COMESA MINI-COURSE 11:05-12:05**	
11:25	**12:50**	**SPORTS MEDICINE IN HUNGARIAN ELITE TEAMS** Chairs: András Tállay, Gergely Pánics				
11:25	11:40	SPORTS MEDICINE IN HUNGARIAN ELITE TEAMS	Zoltán Holanek	Medical care and injury management in elite handball		
11:40	11:55	SPORTS MEDICINE IN HUNGARIAN ELITE TEAMS	András Vizi, MD	Medical decision-making and return-to-play pathways in elite handball		
11:55	12:10	SPORTS MEDICINE IN HUNGARIAN ELITE TEAMS	Gábor Schuth, MSc, CSCS, PES	National-team care and central sports-performance coordination		
12:10	12:25	SPORTS MEDICINE IN HUNGARIAN ELITE TEAMS	Mátyás Magyar, MD, PhD	Motorsport medicine: injury prevention and acute trackside care		
12:25	12:40	SPORTS MEDICINE IN HUNGARIAN ELITE TEAMS	Gergely Pánics, MD, PhD	Medical care in a multisport club		
12:40	12:50	SPORTS MEDICINE IN HUNGARIAN ELITE TEAMS		Discussion		
12:50	**14:10**	**SNACK LUNCH IN MÁTRA RESTAURANT**				

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TIME		**SECTION / PROGRAMME**	**SPEAKER**	**PRESENTATION TITLE**		
14:10	**15:50**	**ORTHOBIOLOGY** Chairs: Kristof Sas, Lior Laver				
14:10	14:35	ORTHOBIOLOGY	Lior Laver, MD	Orthobiologics in sports medicine: evidence, indications and patient selection: focusing on muscle injuries and on meniscus tears		
14:35	15:00	ORTHOBIOLOGY	Kristof Sas, MD	Orthobiologics in elite sport: practical decision-making and return-to-play context		
15:00	15:15	ORTHOBIOLOGY	Ágnes Stogicza, MD, PhD, FIPP, CIPS	Regenerative treatment options in knee arthrosis		
15:15	15:30	ORTHOBIOLOGY	Kristóf Rácz, MD, FIPP, CIPS	Bridging the Gap Between Conservative Treatment and Surgery: Knee Joint Minimally Invasive Denervation Techniques		
15:30	15:40	ORTHOBIOLOGY	Zsombor Lacza, Prof., MD	Orthobiology		
15:40	15:50	ORTHOBIOLOGY		Discussion		
15:50		**END OF SCIENTIFIC SESSIONS**				
16:20	**16:40**	**COFFEE BREAK SPONSORED BY SEADEC MEDICAL**				
18:00		**Closing Ceremony**				

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